

SECTION .0200 - DEFINITION OF TERMS

10A NCAC 06R .0201 DEFINITIONS

As used in this Subchapter, the following definitions shall apply:

- (1) "Activities of Daily Living (ADL)" means eating, dressing, bathing, toileting, bowel and bladder control, transfers, and ambulation.
- (2) "Adaptable space" means space in a facility that can be used for several purposes and without sacrificing the health, safety or welfare of the participants. For example, an activities room that is used for crafts in the morning, used to serve lunch and used for exercise activities in the afternoon.
- (3) "Adaptable activity" means an activity where participation can be varied from individual, small group, or large group, and can occur seated, standing or lying down.
- (4) "Adult" means an individual 18 years of age or older.
- (5) "Adult Day Care Center" means a day care program operated in a structure other than a single family dwelling.
- (6) "Adult Day Care Home" means a day care program for up to 16 people operated in a single family dwelling where the owner resides.
- (7) "Adult Day Care Program" means the provision of group care and supervision in a place other than their usual place of abode on a less than 24-hour basis to adults who may be physically or mentally disabled. This term is used to refer to adult day care programs, adult day health programs, and combined adult day care and adult day health programs (i.e., combination programs).
- (8) "Alzheimer's Disease" means a progressive, degenerative disease of the brain resulting in impaired memory, thinking and behavior. Characteristic symptoms of the disease include gradual memory loss, impaired judgement, disorientation, personality change, difficulty in learning and loss of language skills.
- (9) "Ambulatory" means a person who is mobile and does not need the continuing help of a person or object for support (except a walking cane).
- (10) "Capacity" means the number of participants for which a day care program is certified.
- (11) "Caretaker" (or "Caregiver") means an adult who provides an impaired adult with supervision, assistance with preparation of meals, housework, or personal grooming.
- (12) "Certification" means the process whereby an adult day care program is approved as meeting the North Carolina Adult Day Care Rules in 10A NCAC 06.
- (13) "Certifying agency" means the Department of Health and Human Services, Division of Aging and Adult Services.
- (14) "Dementia" means the loss of intellectual functions (such as thinking, remembering, and reasoning) that interferes with a person's daily functioning.
- (15) "Direct Participant Care" means the opportunity for employees, volunteers, or individuals with whom the facility contracts either directly or through an agency, to physically interact with, be in the presence of, or supervise participants.
- (16) "First Aid Kit" means a collection of first aid supplies, such as bandages, tweezers, scissors, disposable nonporous gloves, adhesive tape, antiseptic, micro shield or face mask, liquid soap, or cold pack, for treatment of minor injuries or stabilization of major injuries.
- (17) "Governing Body" means the individual(s), organization, agency, corporation, or other entity that has legal responsibility for policy, management, administration, operation, and financial liability for the adult day care or adult day health program.
- (18) "Group process" means at least three persons engaged in a common activity.
- (19) "Instrumental Activities of Daily Living (IADL)" means meal preparation, medication intake, housekeeping, money management, phone use, laundering, reading, shopping, communication such as speaking, writing, signing, gestures, using communication devices and going to health activities.
- (20) "Medication schedule" means a listing of all medications taken by participants with dosages, route of administration, and times medications are to be taken.
- (21) "Mental health disability" means disorders with psychological or behavioral symptoms or impairment in functioning due to a social, psychological, genetic, physical, chemical or biological disturbance.

- (22) "Modifiable activity" means an activity that can be simplified and adapted as a participant's abilities decline or improve.
- (23) "Non-ambulatory" means a person who is bedfast.
- (24) "Nucleus area" means adult day care programs located in a multi-use building and refers to the area not shared by any other programs that are located in the building but used only by the adult day care program.
- (25) "Nursing care" means skilled nursing care or intermediate care.
- (26) "On-site" means the area certified for the day care program.
- (27) "Owner" means the person who is responsible for management, operation, and financial liability of a day care home or day health home.
- (28) "Other special needs disease or condition" means a diagnosis, disease or disability, such as AIDS/HIV, that benefits from monitoring or oversight by program staff in a supervised setting.
- (29) "Participant" means a person enrolled in an adult day care program.
- (30) "Personal care" means tasks that range from assistance with basic personal hygiene and grooming, feeding, and ambulation, to medical monitoring and other health care related tasks.
- (31) "Physical therapy program" means a series of activities prescribed by a licensed physical therapist or activities administered under the supervision of a physical therapist.
- (32) "Program director" means the person responsible for program planning, development and implementation in a day care program.
- (33) "Progress notes" means written reports in the participant's file of staff discussions, conferences, or consultation with family or caregiver, for the purpose of evaluation of a participant's progress and any other information as required by Rule .0501 in this Subchapter regarding the participant's situation.
- (34) "Related disorders" means dementia or impaired memory characterized by irreversible memory dysfunction.
- (35) "Respite care," as a component of adult day care programs, means a service provided to give temporary relief to the family or caregiver. Respite is provided to families caring for children or adults with disabilities or families caring for frail or disabled older adults.
- (36) "Responsible party" means the caretaker with primary day-to-day responsibility for an impaired adult.
- (37) "Semi-ambulatory" means a person who needs and uses the assistance of objects such as a wheelchair, crutches, walker, or other appliance or the support of another person on a regular and continuing basis to move about.
- (38) "Senior center" means a community or neighborhood facility for the organization and provision of services including health, social, nutritional and educational services and a facility for recreational and group activities for older persons.
- (39) "Special care services" means services by a certified adult day care program that promotes itself as providing programming, activities or care specifically designed for persons with Alzheimer's or other dementias, or related disorders, mental health disabilities, or other special needs diseases or conditions.
- (40) "Supervising agency" means the county department of social services in the county where the day care program is located. Pursuant to G.S. 108A-14(a)(5), the county department is responsible for seeing that certification standards are maintained and for making a recommendation to the Division of Aging and Adult Services regarding certification.

History Note: Authority G.S. 131D-6; 143B-153(2a); 143B-153(6);
Eff. January 1, 1981;
Amended Eff. July 1, 1990; January 1, 1986; July 1, 1984;
Temporary Amendment Eff. September 28, 1999;
Amended Eff. July 1, 2007; July 17, 2000;
Readopted Eff. September 1, 2019.