

SUBCHAPTER 06V – STATE IN-HOME SERVICES FUND: PREPARATION AND DELIVERY OF MEALS

SECTION .0100 – SERVICE DESCRIPTION

10A NCAC 06V .0101 REIMBURSABLE COST ITEMS

Under state and federal funds administered by the division, the provision of preparation and delivery of meals includes the cost of:

- (1) raw food necessary to provide the meal service;
- (2) preparation of nutritious meals;
- (3) delivery of nutritious meals;
- (4) facility, equipment and supplies for preparing, serving and delivering.

*History Note: Authority G.S. 143B-153;
Eff. March 1, 1977;
Readopted Eff. October 31, 1977;
Amended Eff. July 1, 1984;
Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. September 6, 2016.*

SECTION .0200 - DEFINITIONS

10A NCAC 06V .0201 DEFINITIONS

As used in 71Q .0913 and this Subchapter the following terms have the meanings specified:

- (1) "Nutritious Meals" means that the total intake for a 24 hour period must meet the nutritional needs appropriate for age, sex and disability. One meal should meet a minimum of one-third of the recommended dietary allowance for the individual.
- (2) "Blind" means visually impaired persons whose eye condition is described as follows:
 - (a) persons with best corrected central visual acuity of 20/70 or less in the better eye; or
 - (b) persons with one or both of the following conditions:
 - (i) the presence of chronic, progressive eye pathology;
 - (ii) visual acuity better than 20/70 which nevertheless results in a vocational or functional handicap.
- (3) "Aging" for this meal service means age 60 years or older.
- (4) "Disabled" means unable to engage in any substantial activity necessary for self-care or self-support by reason of a medically determinable physical or mental impairment.
- (5) "Own Home" means that the service recipient is living in a residence he maintains for himself or is maintained for him by his caretaker. "Own Home" does not include any group care.
- (6) "Central Dining Facility" means a group feeding site.
- (7) "Malnutrition" means both inadequate and excessive intake of any essential nutrient.

*History Note: Authority G.S. 143B-153;
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Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. September 6, 2016.*

SECTION .0300 - METHODS OF SERVICE PROVISION

10A NCAC 06V .0301 GENERAL POLICY

Preparation and delivery of meals may be provided directly, purchased under contract (i.e. purchase of service contract or vendor agreement), or through cash payments to individuals capable of selecting and purchasing nutritious meals for themselves, or any combination of these methods.

History Note: Authority G.S. 143B-153;

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Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. September 6, 2016.

SECTION .0400 - MAXIMUM PURCHASE AND DELIVERY RATES: FEES: AND VOLUNTARY CONTRIBUTIONS

10A NCAC 06V .0401 MAXIMUM PURCHASE AND DELIVERY RATES

Maximum rates have been set by the North Carolina Social Services Commission for purchase of preparation and delivery of meals under a vendor agreement. Information regarding the maximum rates is contained in policy material issued by the division and is available in accordance with 10A NCAC 71Q .0503.

History Note: Authority G.S. 143B-153;
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Readopted Eff. October 31, 1977;
Amended Eff. July 1, 1984; March 1, 1980; February 28, 1979;
Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. September 6, 2016.

SECTION .0500 - ADDITIONAL REQUIREMENTS

10A NCAC 06V .0501 HEALTH AND SAFETY REQUIREMENTS

Any building used in the provision of the meal service must meet applicable local and state sanitation requirements and building codes.

History Note: Authority G.S. 143B-153;
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10A NCAC 06V .0502 PROFESSIONAL CONSULTATION REQUIRED

Under any of the approved methods of providing the preparation and delivery of meals service, the following requirements must be met to insure the provision of nutritionally sound meals to recipients of the service:

- (1) If prescribed in writing by a physician, a therapeutic diet must be provided following the pattern of an approved diet manual (available from a registered dietitian or nutritionist with the division of health services).
- (2) When the meal service is provided through a purchase of service contract or directly by the county department of social services, a registered dietitian or nutritionist must assist in the initial menu planning. At a minimum quarterly consultations with qualified professionals are required to assure appropriate menu planning and preparation of food for nutritious meals. In addition to a registered dietitian or nutritionist, other qualified professional personnel include but are not limited to the following: public health nurse, home economics teacher and extension service home economist.

History Note: Authority G.S. 143B-153;
Eff. March 1, 1977;
Readopted Eff. October 31, 1977;
Amended Eff. July 1, 1990;
Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. September 6, 2016.