

10A NCAC 13B .1924 RESTRAINTS

- (a) Patients and residents shall be restrained only by physician orders.
- (b) The nurse in charge shall be responsible for making the decision relative to necessity for, type and duration of restraint in emergency situations requiring restraints while contacting the physician. The nurse also shall be responsible for documenting same in the patient's or resident's record.
- (c) The type of restraint used and the time of application and removal shall be recorded by a licensed nurse in the patient's or resident's record.

History Note: *Authority G.S. 131E-79;*
 Eff. February 1, 1986;
 Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. July 22,
 2017.