

## **21 NCAC 14T .0604 ESTHETICS CURRICULUM**

(a) To meet the approval of the Board, an esthetician training course shall begin with infection control and blood exposure procedures as defined in 21 NCAC 14H .0403 and .0404 and consist of at least 600 hours of instruction in theory and practical application as set forth in this Rule.

(b) Theory and practical application subjects shall include:

- (1) Anatomy or physiology;
- (2) Infection control;
- (3) Disinfection;
- (4) First aid;
- (5) Chemistry as it relates to esthetics;
- (6) Draping;
- (7) Facial or body treatment (cleansing, manipulations, masks, and chemical peels);
- (8) Hair removal;
- (9) Basic dermatology;
- (10) Skin care machines, electricity, and apparatus;
- (11) Aromatherapy;
- (12) Nutrition;
- (13) Make-up or color theory;
- (14) Styles and techniques of esthetics services including:
  - (A) Facials;
  - (B) Makeup application;
  - (C) Performing skin care;
  - (D) Hair removal;
  - (E) Eyelash extensions;
  - (F) Applying brow and lash color;
  - (G) Business management; and
  - (H) Professional ethics; and
- (15) Board laws, rules and website.

(c) Performances shall be defined as the systematic completion of all steps for safe and effective cosmetic art services to a client. In addition to the requirements set forth in Paragraph (a) of this Rule all students shall be trained on the following performance requirements:

- (1) Infection Control;
- (2) Blood exposure procedure;
- (3) Basic facial;
- (4) Waxing including underarm, lip, eyebrow, leg and bikini;
- (5) Hair removal with depilatory and tweezers;
- (6) Makeup application;
- (7) Facials with machines;
- (8) Exfoliation;
- (9) Facials with LED light;
- (10) Facials with high frequency (direct and indirect); and
- (11) Lash application.

(d) Each school must develop and use performance evaluation plans for each of the Board required performances listed in this Paragraph. Evaluation plans must include a minimum of infection control, tool safety, draping, and safe application. Teachers must ensure students follow infection control, tool safety, draping, and safe application of products for all service performances. Students must pass the infection control and blood exposure procedures evaluation plan with a score of 100 percent, received theory and practical instructions, and passed each of the following performance evaluations prior to performing services on a live model:

- (1) Basic facial, including steam;
- (2) Waxing;
- (3) Lash lift and brow lamination;
- (4) Artificial lashes; and
- (5) Lash and brow tint.

(e) Certification of performance completions shall be required on the graduation form and Board's application for the examination. Graduation forms shall include the following:

- (1) Student name and social security number;

- (2) School code;
- (3) Course type completed;
- (4) Date of course completion;
- (5) Number of hours and minutes completed;
- (6) School owner name and signature; and
- (7) School seal.

*History Note: Authority G.S. 88B-2; 88B-4; 88B-16; 88B-17;  
Eff. January 1, 2012;  
Amended Eff. January 1, 2015; August 1, 2014;  
Readopted Eff. January 1, 2016;  
Amended Eff. September 1, 2020; October 1, 2019.*