21 NCAC 14T .0604 ESTHETICS CURRICULUM

(a) To meet the approval of the Board, an esthetician training course shall begin with infection control and blood exposure procedures as defined in 21 NCAC 14H .0403 and .0404 and consist of at least 600 hours of instruction in theory and practical application as set forth in this Rule.

(b) Theory and practical application subjects shall include:

1. Anatomy or physiology;
2. Infection control;
3. Disinfection;
4. First aid;
5. Chemistry as it relates to esthetics;
6. Draping;
7. Facial or body treatment (cleansing, manipulations, masks, and chemical peels);
8. Hair removal;
9. Basic dermatology;
10. Skin care machines, electricity, and apparatus;
11. Aromatherapy;
12. Nutrition;
13. Make-up or color theory;
14. Styles and techniques of esthetics services including:
   - Facials;
   - Makeup application;
   - Performing skin care;
   - Hair removal;
   - Eyelash extensions;
   - Applying brow and lash color;
   - Business management; and
   - Professional ethics; and
15. Board laws, rules and website.

(c) Performances shall be defined as the systematic completion of all steps for safe and effective cosmetic art services to a client. Each school must develop and use performance evaluation plans for each of the Board required performances listed in this Paragraph and any service offered in the school. Evaluation plans must include a minimum of infection control, tool safety, draping, and safe application. In addition to the requirements set forth in Paragraph (a) of this Rule all students shall be trained on the following performance requirements:

1. Infection Control;
2. Blood exposure procedure;
3. Basic facial;
4. Waxing including underarm, lip, eyebrow, leg and bikini;
5. Hair removal with depilatory and tweezers;
6. Makeup application;
7. Facials with machines;
8. Exfoliation;
9. Facials with LED light;
10. Facials with high frequency (direct and indirect); and
11. Lash application.

(d) Certification of performance completions shall be required on the graduation form and Board's application for the examination.

(e) Sharing of performance completions shall not be allowed.

(f) Credit for a performance shall be given to only one student.

(g) Before a student may perform services on a live model the student must pass both the infection control and blood exposure procedures with a score of 100 percent and have received both theory, mannequin, and practical instruction on the performance to be completed.

History Note: Authority G.S. 88B-2; 88B-4; 88B-16; 88B-17;
Eff. January 1, 2012;
Amended Eff. January 1, 2015; August 1, 2014;
Readopted Eff. January 1, 2016;
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